

# CISM: Individual Crisis Intervention & Peer Support

**April 15-16, 2010**

8:00am to 4:30pm each day

Course to be held at

Salem Comfort Suites - Airport

630 Hawthorne Ave SE, **Salem, OR**  
(Sponsored by Salem Police Department)

**Only \$199 when you register on-line at [www.code4.org](http://www.code4.org) or \$209 when you register by phone**

Price includes books, handouts, certificate of completion from ICISF and coffee.

Call for group discounts of 10 or more from one agency. Prepayment is not required we can bill your agency! DPSST Rosters will be available for training credit.

Register:

Code 4 Public Safety Education Association

**1-800-622-9391**

via e-mail: [reservations@code4.org](mailto:reservations@code4.org)

More info at:

**[www.code4.org](http://www.code4.org)**

## Course:

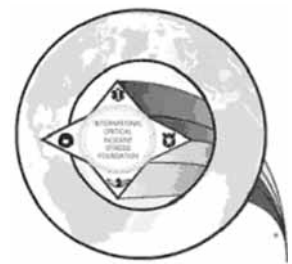
Crisis intervention is NOT psychotherapy, rather it is a specialized acute emergency mental health intervention which requires specialized training. As physical first-aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first-aid." Crisis interventions are typically done individually (one-on-one) or in groups. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual intervention. Topics to be covered include: The role of the individual crisis intervention in the comprehensive CISM program. Terms and concepts relevant to the study of crisis, traumatic stress and crisis intervention. Differential utilities of selected crisis communication techniques. Demonstration of selected crisis communication techniques. Psychological reactions to crisis and trauma. SAFER protocol for individual crisis intervention and it's role in comprehensive CISM. Demonstration of the use of SAFER protocol for individual crisis intervention. Review of common problems encountered with individuals in crisis.

## Instructor:

Course will be taught by ICISF instructor Michael R. Cobb, B.A. Ed., B.C.E.T.S. Michael Cobb currently serves as a Captain with the Richland, Washington Police Department. Captain Cobb has 18 years experience as a member of the special weapons and tactics (SWAT) team and served as a K-9 handler for 9 years. Capt. Cobb provides CISM specialty team services to the WSTOA. Mike is a faculty member with the International Critical Incident Stress Foundation and serves on the ICISF's Speakers Bureau and International Advisory Committee. Captain Cobb is a Board Certified Expert in Traumatic Stress and a Diplomate member of the American Academy of Experts in Traumatic Stress.

## Course intended for anyone dealing with crisis including:

- Law Enforcement - Corrections - Dispatch - Parole & Probation
- Fire - EMS - Emergency Room Staff
- Chaplains - Crisis Counselors - Supervisors
- Mental Health - Medical Personnel - Family Support



**Code 4 Public Safety Education Association, Inc. 800-622-9391**

***Code 4 is a non-profit 501(c)(3) Education Association - Code 4 Tax ID number is 93-1248059***

**Make checks payable to Code 4 - 711 Medford Center #265, Medford, OR. 97504**



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*This Is An Official  
International Critical Incident Stress Foundation Course*

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